

Title: How are you?

Text: *You keep him in perfect peace whose mind is stayed on you, because he trusts in you. (Isaiah 26:3)*

Target: The place you need peace the most is typically the place we trust God the least.

I. Peace is a Person: *Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all. (2 Thessalonians 3:16)*

A. Peace with God: *Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. (Romans 5:1)*

B. Peace through God: *For God is not a God of confusion but of peace. (1 Cor. 14:33)*

Question 1: *Do you feel like you've made peace with God? If not, what might be holding you back?*

Question 2: *How does God's peace help bring clarity when things feel confusing or uncertain?*

Question 3: *How does the presence of God in your life bring you peace, even in tough situations?*

II. Peace is a Promise: *The LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace. (Numbers 6:25-26)*

A. Peace with You: *On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." (John 20:19)*

B. Peace in You: *Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. (John 14:27)*

C. Peace over you: *In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)*

Question 4: *How does knowing that peace is a gift from God help you face fear or uncertainty?*

Question 5: *What situations in your life make it hard to trust God's promise of peace?*

Question 6: *Philippians 4:7 says God's peace surpasses all understanding. Have you ever felt that kind of peace?*

III. Peace is a Pursuit: *And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. (Colossians 3:15)*

1. In The Spirit: *For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. (Romans 8:6) *Galatians 5:22-23*

2. In Supplication: *Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.⁷ And the peace of God, which surpasses all understanding, will guard your hearts and*

your minds in Christ Jesus. (Philippians 4:6-7)

3. In the Supernatural: *May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.*

(Romans 15:13)

4. In the Situations: *I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.” (John 16:33)*

Question 7: *Romans 8:6 says setting your mind on the Spirit leads to peace. What helps you focus on the Spirit in your everyday life?*

Question 8: *How has prayer helped you feel God’s peace in difficult times? Can you share an example?*

Question 9: *Jesus said we’d have trouble in this world but to take heart because He’s overcome it. How does that truth give you hope?*

IV. Peace by Piece: (Rank in order of importance 1-5)



Takeaway: Ask the God of peace to bring the breakthrough in the circle that lacks the most peace.

Question 10: *Out of the five “P’s” (Purpose, People, Place, Provision, Physical Health), which one gives you the most peace right now? Which one challenges your peace the most?*

Question 11: *What’s one small step you could take to find more peace in an area where you’re struggling?*

Question 12: *How does your level of peace affect how you treat or lead others?*