

Jan. 27 & 28, 2024

# BREAK THROUGH NOT THREW

DR. ED NEWTON



## Community Bible Church Sermon Discussion Questions: Jan 28, 2024 Pastor Ed Newton

### Title: Break Through not Threw

**Text:** "The Lord has **broken through** my enemies before me like a breaking flood. Therefore, the name of that place is called **Baal -Perazim**." (2 Samuel 5:20)

**Target:** Every flood began with a drop of rain, every blizzard began with a snowflake, and every breakthrough began with a prayer for change.

**Question #1:** What has been the biggest insight God has revealed to you during your time fasting? What moments have been the most impactful, and what will you do in response?

### I. The Breakdown for Breakthrough:

- A. **The Point of Pain:** "For I am ready to fall, and my pain is ever before me...I am weary and worn out." (Psalms 38:17, Proverbs 30:1)
  - 1. **The Hurt done to you.**
  - 2. **The Mistake made by you.**
  - 3. **The Addiction holding you.**
  - 4. **The Situation is overwhelming you.**
- B. **The Pursuit of Deliverance:** "Why is my pain unceasing, my wound incurable, refusing to be healed?" (Jeremiah 15:18)
  - 1. **Chasing Answers.**
  - 2. **Find Comfort in the wrong places.**
  - 3. **Feel forever Stuck.**
  - 4. **Lost Hope.**

**Question #2:** When thinking about the pursuit of deliverance, how can having the wrong attitude or perspective alter the outcomes we experience? What would you emphasize when ministering to someone amidst a challenging pursuit for breakthrough? How could you draw from your own experience in this process?

### II. The Breakaways before Breakthrough:

- A. **The Purpose of Purification:** "Behold, I have refined you, but not as silver; I have tried you in the furnace of affliction." (Isaiah 48:10)
  - 1. **The Waiting:** (Isaiah 8:17)
  - 2. **The Testing:** (James 1:2)
  - 3. **The Crushing:** (Psalm 34:18)
- B. **The Revelation of Refusal:** "But your iniquities have made a separation between you and your God, and your sins have hidden his face from you so that HE does not hear." (Isaiah 59:2)

1. **Bitterness & Unforgiveness:** (Eph. 4:31-32)
2. **Unconfessed Sin:** (Prov. 28:13)
3. **Disobedience to God:** (Luke 6:46)
4. **Unbelieving Heart:** (James 1:6-8)
5. **Impure Motives:** (James 4:3)

**Question #3:** Which aspect highlighted in the "Revelation of Refusal" stands out as the most significant or frequently recurring challenge in your life? What verses and Biblical truths can help you combat this struggle and grow in these areas of your life? In what way can you invite your group into deeper involvement and provide accountability in this area?

III. **The Breakout of Breakthrough:** "And you will know the truth, and the truth will set you free." (John 8:32)

- A. **Identity in Christ:** (Galatians 2:20)
- B. **Appetite for the Word:** (Matt. 4:4)
- C. **Renewed Mind:** (Romans 12:2)
- D. **Aligned to God's Will:** (1 John 5:14-15)
- E. **Defeat the Enemy:** (2 Cor. 10:4)
- F. **Persistent in Prayer:** (1 Thess. 5:17, Eph. 6:18)
- G. **Trust God is Able:** (Hebrews 13:6)
- H. **Stand Firm:** (2 Chronicles 20:17)

**Question #4:** If you were to consider the items listed in "The Breakout of Breakthrough" as prayer requests to God for developing specific areas in your life, which two would you prioritize for this year? Additionally, what practical steps could you take, alongside prayer, to strengthen your top two selections?

IV. **The Break-fast of Breakthrough:** "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied." (Matthew 5:6)

- A. **Deeper sense of God daily:** (Isaiah 30:21)
- B. **Join God at work around you:** (Isaiah 6:8)
- C. **Dependency on the Holy Spirit:** (Galatians 5:25)
- D. **Believe God is for you:** (Romans 8:31)
- E. **Reject Shame & Guilt:** (John 3:17, Romans 8:1, Revelation 12:11)

**Takeaway:** God may not give the breakthrough to you (yet), but God has begun the breakthrough in you (now).

**Question #5:** How can we carry the zeal and momentum from our fast into our daily lives? What sacrifices, changes, or new rhythms of pursuing God from your fast will you take into your daily life?