

## **Title: Stop Living the Lie**

**Text:** *“For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. (5) We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,” 2 Cor. 10:4-5*

**Target:** Fake it till you make it doesn't work if you feel fake and you don't think you will ever make it. (Imposter Syndrome- I.S.)

- I. **The Sentiment of Imposter Syndrome:** The disconnection between the responsibility you have been given or the status stated and the internal dialogue of how you are perceived.
- II. **The Signs of Imposter Syndrome:** Indicators not Indictments!
  - Do you mistrust the compliments people give you?
  - Do you feel unworthy of success?
  - Do you feel persistent self doubt?
  - Do you underestimate your contributions?
  - Do you criticize yourself even after others give you praise?
  - Do you have a fear of being exposed?
- III. **The Symptoms of Imposter Syndrome:** The underlying low view of self, leads to an obvious small view of God, which either causes you to either **prove to people, please people, or pacify people.**
  - A. **Perform to prove people wrong:** (prove or please)
    - a. You become the Perfectionist.
    - b. You must be the Expert.
    - c. You must hustle Harder.
  - B. **Undersell yourself to lower Expectation:** (pacify)
    - a. You opt out or procrastinate not to fail.
    - b. You recommend others to minimize disappointment.
- IV. **The Struggle of Imposter Syndrome:** *“Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is.” Eph. 5:15-17*
  - A. **True Identity is never Actualized.**
  - B. **Calling is never Realized.**
  - C. **Giftings aren't Maximized.**
  - D. **Impact & Influence is Minimized.**
- IV. **The Scripture against Imposter Syndrome:** *“Behold, a voice from heaven said, This is my beloved Son, with him I am well pleased.” (Matthew 3:17)*
  - A. **Your Identity is in Christ:** Philippians 3:7
  - B. **You're His Workmanship:** Ephesians 2:10
  - C. **Your Weakness doesn't disqualify you:** 2 Cor. 12:9
  - D. **You're in God's Providence:** Romans 8:29-30
- V. **The Strategy over Imposter Syndrome:** *For God gave us a spirit not of fear but of power and love and self control” (2 Timothy 1:7)*
  - A. **Separate feelings from Fact:** 2 Cor. 10:5 (T.H.I.N.K.)
  - B. **Stop Self Sabotage & Accept Praise:** 1 Thess. 5:11

**C. Embrace Failure & Grow from it:** Henry Ford: “Failure is only the opportunity to begin again more intelligently.”

**D. Face it till you make it:** 1 Tim. 6:12

**Takeway:** Victory isn't about believing in our achievements and skills – it's about recognizing who and what we have in Christ. (Luke 5:1-11)